# COUNTY OF LAKE HEALTH SERVICES DEPARTMENT



#### NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The Health Services Department provides many types of services, such as health and related services. The Health Services Department staff must collect information about you to provide these services. The Health Services Department knows that information we collect about you and your health is private. The Health Services Department is required to protect this information by Federal and State law. We call this information "protected health information" (PHI).

The Notice of Privacy Practices will tell you how the Health Services Department may use or disclose information about you. Not all situations will be described. The Health Services Department is required to give you a notice of our privacy practices for the information we collect and keep about you. The Health Services Department is required to follow the terms of the notice currently in effect.

The Health Services Department May Use and Disclose Information Without Your Authorization

- For Treatment. The Health Services Department may use or disclose information with health care providers who are involved in your health care. For example, information may be shared to create and carry out a plan for your treatment.
- For Payment. The Health Services Department may use or disclose information to get payment or to pay for the health care services you receive. For example, the Health Services Department may provide PHI to bill your health plan for health care provided to you.
- For Health Care Operations. The Health Services Department may use or disclose information in order to manage its programs and activities. For example, the Health Services Department may use PHI to review the quality of services you receive.
- Appointments and Other Health Information. The Health Services Department may send you reminders for medical care or checkups. The Health Services Department may send you information about health services that may be of interest to you.
- For Public Health Activities. The Health Services Department is the public health agency that keeps and updates vital records, such as births and deaths, and tracks some diseases.

- For Health Oversight Activities. The Health Services Department may use or disclose information to inspect or investigate health care providers.
- As Required by Law and For Law Enforcement. The Health Services Department will use and disclose information when required or permitted by federal or state law or by a court order.
- For Abuse Reports and Investigations. The Health Services Department is required by law to receive and investigate reports of abuse.
- For Government Programs. The Health Services Department may use and disclose information for public benefits under other government programs. For example, the Health Services Department may disclose information for the determination of Supplemental Security Income (SSI) benefits.
- To Avoid Harm. The Health Services Department may disclose PHI to law enforcement in order to avoid a serious threat to the health and safety of a person or the public.
- For Research. The Health Services Department uses information for studies and to develop reports. These reports do not identify specific people.
- Disclosures to Family, Friends, and Others. The Health Services Department may disclose information to your family or other persons who are involved in your medical care. You have the right to object to the sharing of this information.

## Other Uses and Disclosures Require Your Written Authorization

- For other situations, the Health Services Department will ask for your written authorization before using or disclosing information. You may cancel this authorization at any time in writing. The Health Services Department cannot take back any uses or disclosures already made with your authorization.
- Other Laws Protect PHI. Many Health Services Department programs have other laws for the use and disclosure of information about you. For example, you must give your written authorization for the Health Services Department to use and disclose your mental health and chemical dependency treatment records.

## Your PHI Privacy Rights

When information is maintained by the Health Services Department as a public health agency, the public health records are governed by other State and Federal laws and is not subject to the rights described below.

• Right to See and Get Copies of Your Records. In most cases, you have the right to look at or get copies of your records. You must make the request in writing. You will be charged a fee for the cost of copying your records.

- Right to Request to Correct or Update Your Records. You may ask the Health Services Department to change or add missing information to your records if you think there is a mistake. You must make the request in writing, and provide a reason for your request.
- Right to Get a List of Disclosures. You have the right to ask the Health Services Department for a list of disclosures made after April 14, 2003. You must make the request in writing. This list will not include the times that information was disclosed for treatment, payment, or health care operations. The list will not include information provided directly to you or your family, or information that was sent with your authorization.
- Right to Request Limits on Uses or Disclosures of PHI. You have the right to ask that the Health Services Department limit how your information is used or disclosed. You must make the request in writing and tell the Health Services Department what information you want to limit and to whom you want the limits to apply. The Health Services Department is not required to agree to the restriction. You can request that the restrictions be terminated in writing or verbally.
- Right to Revoke Permission. If you are asked to sign an authorization to use or disclose information, you can cancel that authorization at any time. You must make the request in writing. This will not affect information that has already been shared.
- Right to Choose How We Communicate with you. You have the right to ask that the Health
  Services Department share information with you in a certain way or in a certain place. For
  example, you may ask the Health Services Department to send information to your work address
  instead of your home address. You must make this request in writing. You do not have to explain
  the basis for your request.
- Right to File a Complaint. You have the right to file a complaint if you do not agree with how the Health Services Department has used or disclosed information about you.
- Right to Get a Paper Copy of this Notice. You have the right to ask for a paper copy of this notice at any time.

How to contact the Health Services Department to Review, Correct, or

#### Limit Your Protected Health Information (PHI)

You may contact your the Health Services Department office or the Health Services Department Privacy Officer at the address listed at the end of this notice to:

- Ask to look at or copy your records
- Ask to limit how information about you is used or disclosed
- Ask for a list of the times the Health Services Department disclosed information about you
- Ask to correct or change your records
- Ask to cancel your authorization

The Health Services Department may deny your request to look at, copy or change your records. If the Health Services Department denies your request, The Health Services Department will send you a letter that tells you why your request is being denied and how you can ask for a review of the denial. You will also receive information about how to file a complaint with the Health Services Department or with the U.S. Department of Health and Human Services, Office for Civil Rights.

# How to File a Complaint or Report a Problem

• You may contact any of the people listed below if you want to file a complaint or to report a problem with how the Health Services Department has used or disclosed information about you. Your benefits will not be affected by any complaints you make. The Health Services Department cannot retaliate against you for filing a complaint, cooperating in an investigation, or refusing to agree to something that you believe to be unlawful.

Privacy complaints may be directed to any of the following:

County of Lake Privacy Officer 255 N Forbes Street Lakeport CA 95453

> U.S. Department of Health and Human Services, Office for Civil Rights Attention: Regional Manager 50 United Nations Plaza, room 322 San Francisco, CA 94102

Phone: 800-368-1019